

AGENDA  
GROUP HEALTH INSURANCE & WELLNESS COMMITTEE  
Meeting #4-11-12

**12:00 noon – February 8, 2012**  
**THIRD FLOOR CONFERENCE ROOM**

LUNCH WILL BE PROVIDED

**Committee Members:** Ald. Kittelson, Ald. Joel Hammen, Ald. Scott Versey, Lt. Michael Williams, Sandy Rohrick, Scott Navis, Laurie Suhrke, Brendan Hughes, James Amodeo, Mark Zehfus, Kent Huibregtse, John Bridges, Jo-Ann Decker

**Excused:**

**Others in Attendance:** Glenda Hodge

**OPEN:**

1. Call meeting to order.
2. Pledge of Allegiance.
3. Approval of minutes – January 11, 2012 meeting.
4. UMR/M3 PRESENTATION
  - A. Review Aggregate CHRA Results.
  - B. Top Condition Concerns
    - Hypertension, Depression, Arthritis
  - C. Communication / Educational opportunities
    - Round table
    - Educational handouts
  - D. UMR Coaching opportunities
    - Lifestyle
    - Chronic Condition
    - Maternity
  - E. EAP Aurora
5. Set date of next meeting.

Adjourn

*Persons with disabilities who need accommodations to attend the meeting should contact the Human Resources Department at the following address as soon as possible: City Hall, Room 204, 828 Center Avenue, Sheboygan, WI. PH: 920/459-3373. CC/network*